

# SCHOOL DINNER MENU



## WEEK ONE: 16/4, 7/5, 4/6, 25/6, 16/7, 10/9, 1/10

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Baked Suffolk Sausages Mash & Gravy Or Quorn Sausage	Salmon Fishcake & Potato Wedges or Macaroni Cheese with Garlic Slice	Spaghetti Bolognese or Vegetable Spaghetti Bolognese	Roast Loin of Suffolk Pork, Stuffing, Roast Potatoes & Gravy Or Roast Quorn Fillet	Crispy Fish Fillet with Chips Or Meat Free Sausage Roll
Seasonal Vegetables Baked Beans Fresh Salad Bar	Seasonal Vegetables Fresh Salad Bar	Seasonal Vegetables Fresh Salad Bar	Seasonal Vegetables Fresh Salad Bar	Seasonal Vegetables Baked Beans Fresh Salad Bar
Flapjack or Fresh Fruit Salad	Fruit Cheesecake or Fresh Fruit Salad	100% Fresh Fruit Ice Lolly or Fresh Fruit Salad	Oaty Fruit Crunch & Custard or Fresh Fruit Salad	Melting Chocolate Pudding & Ice Cream or Fruit Salad

## WEEK TWO: 23/4, 14/5, 11/9, 2/7, 17/9, 8/10

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork & Apple Burger in a bun with Wedges or Crunching Quorn Burger	Pasta Bolognese with Italian Bread Or Vegetable Bolognese	Hawaiian Pizza Or Margherita Pizza with Potato Wedges	Roast Beef, Yorkshire Pudding with Roast Potatoes & Gravy Or Quorn Fillet	Crispy Fish Fillet with Chips Or Vegetarian Frankfurter Hot Dog
Seasonal Vegetables Fresh Salad Bar	Seasonal Vegetables Fresh Salad Bar	Seasonal Vegetables Fresh Salad Bar	Seasonal Vegetables Fresh Salad Bar	Seasonal Vegetables Baked Beans Fresh Salad Bar
Fruit Yoghurt & Cookie or Fresh Fruit Salad	Waffle and Vanilla Ice Cream or Fresh Fruit Salad	Iced Carrot Cake or Fresh Fruit Salad	Apple Crumble with Custard or Fresh Fruit Salad	Jammie Doughnut Muffin or Fresh Fruit Salad

## WEEK THREE: 30/4, 21/5, 18/6, 9/7, 3/9, 24/9, 15/10

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Smokey Joe's Chicken with New Potatoes Or Vegetable Fingers	Pork Meatballs, Tomato Pasta & Garlic Slice or Vegetable Meatballs	Sweet & Sour Chicken with Rice or Cheese & Potato Pie	Roast Chicken with Stuffing, Roast Potatoes & Gravy Or Quorn Fillet	Baked Fish Fingers with chips Or Quorn Sausage
Seasonal Vegetables Fresh Salad Bar	Seasonal Vegetables Fresh Salad Bar	Seasonal Vegetables Fresh Salad Bar	Seasonal Vegetables Fresh Salad Bar	Seasonal Vegetables Baked Beans Fresh Salad Bar
Apple Sponge Cake or Fresh Fruit Salad	Strawberry Mousse & Biscuit or Fresh Fruit Salad	Orange & Lemon Rice Krispie Bar or Fresh Fruit Salad	Vanilla Crunch & Custard or Fresh Fruit Salad	Raspberry Ripple Ice Cream Pot & Oat Cookie or Fresh Fruit Salad

**Available everyday** - Homemade fresh (Wholegrain) Bread, a selection of at least three different kinds of Fresh Salad, Extra Fruit, Cheese & Biscuits, Flavoured Yoghurt, Apple & Strawberry or Real Orange Jelly. Some dishes may vary due to individual school preferences, policies and cultural considerations.

**Vegetarian Options** - AVAILABLE IF ORDERED IN ADVANCE - Please enquire at School Office